

# BEST DISC GOLF SHOES

Despite the fact that the popularity of disc golf has increased dramatically over the years, it still does not compare to other major sports for which shoemakers have made shoes specifically for the sport. Every disc golfer must select the most suitable shoes for jogging and other activities. This issue does not, however, prohibit every disc golfer from locating the ideal shoe for their needs. You need some high-quality attires out there. The shoe you wear on the course is the starting point.

Everyone craves affordability, quality, and convenience. We have it covered. This article describes the [best disc golf shoes](#) for you.

However, let's quickly review the reasons why correct footwear is required when playing disc golf. Why Selecting Quality Shoes is Crucial!

## Playing Technique

Although disc golf is not a contact sport, it requires considerable physical exertion. To accomplish this, disc golfers need high-quality equipment, particularly shoes that can endure the stresses we place on them. Every shot requires spinning, jumping, turning, and twisting; if the shoes cannot endure these movements, the outcome may be affected.

## Geography

The disc golf courses on which we compete contain a variety of surfaces and terrain characteristics. Some courses, for example, consist only of grassy fields, while others consist of rocky and gnarly tracks that wind through forests and hiking trails. However, as the majority of courses are off-road and in our lovely forests, you will need a reliable shoe to tackle the forthcoming topographical challenges.

## Running time

During a standard 18-hole round of [disc golf](#), disc golfers often walk between 1 and 2 kilometers, and sometimes even 3 miles. In addition, if your feet are not comfortable, your performance may decrease. You need shoes that are both comfortable and durable enough to survive your playing style and the terrain. This list of footwear will achieve that objective.

## The 13 Top Disc Golf Shoes

### 1. Adidas Terrex Swift R3 Gore-Tex Hiking Shoes are my top recommendation.

Adidas has made major advancements in the hiking footwear business, and its Terrex Swift range stands apart from the competition. The R3 GTX is a lightweight, low-cut, waterproof hiking shoe with good protection and stability.

## Comfort

The overall design is rigid. This is not a major issue of the shoe's comfort, as it fit immediately and did not loosen or create hot spots even throughout long competition rounds. The Swift Terrex R3 is exactly what you need if you want a durable, protective, and long-lasting sneaker.

## **Weight**

A pair of men's size 9 shoes weighs 1 pound 13 ounces, which is approximately average given the level of stability and protection provided. For example, the well-known Salomon X Ultra 4 GTX is 1lb 11.5oz lighter than the La Sportiva Spire GTX, which has a comparable design.

## **Traction**

The Adidas Swift Terrex R3 sports large, durable lugs that give exceptional traction. Adidas teamed with tire manufacturer Continental to design the rubber for the soles, which have a distinctive chevroned pattern.

## **Protection**

Its protection features, together with its steadiness, are probably its greatest advantage. Contrary to their appearance, these shoes feature a far more hiking boot-like feel underfoot.

## **Stability and Support**

Even though the Swift R3 GTX is a moderately-sized shoe, its stability is exceptional. The rigid structure and design aid in securing the foot and ankle in place. The lacing method is very effective in maintaining a snug fit around the foot.

## **Pros**

- Outstanding defense from the trail
- resembles hiking boots but is more compact
- Extremely stable for a low-cut design
- With a tough, reinforced surface and a robust tread design
- Well-constructed and likely to survive a long period
- Amazing all-terrain traction that gripped to everything from dirt to rock

## **Cons**

- In comparison to other lightweight hiking shoes, they feel more solid and tight.

Amazon is currently selling Adidas Terrex Swift R3 Gore-TEX shoes.

Link : [https://www.amazon.com/dp/B08RJZJT7Y?th=1&psc=1&linkCode=sl1&tag=discgolffanat-20&linkId=f609d6aa429d75f39e363010dd470b4d&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/dp/B08RJZJT7Y?th=1&psc=1&linkCode=sl1&tag=discgolffanat-20&linkId=f609d6aa429d75f39e363010dd470b4d&language=en_US&ref_=as_li_ss_tl)

## **2. Merrell Moab 2 Waterproof Trail Running Shoes**

The Merrell Moab 2 shoes are another hiking shoe that is great to wear during a round of disc golf. I consider this shoe to be one of the finest Merrell disc golf models.

I am most impressed by the toughness and lifespan of the material. Designed with raised leather and a mesh top, it can withstand any damage caused by constant movement and ground contact throughout gameplay. Even if used often during multiple rounds of disc golf, it will survive for a long time.

This shoe is suitable for both the field and the golf course. The mesh lining allows for some ventilation, while the heel air cushion absorbs impact and provides stability. In addition, the midsole provides additional support and comfort for the feet, particularly when going off-trail.

The shoe's only minor drawback is its small toe box. I feel it causes discomfort to the toes or the foot in general. You may choose to order half or one size larger than your usual size.

- Liner consisting of porous mesh
- A safety cap provides the toe with comfort and protection
- Designed to provide strength and durability
- The thermoplastic outsole provides improved durability
- The addition of padding to the heels enhances comfort

- P-onderous and a touch hefty
- Tight toe box.

Link : [https://www.amazon.com/Merrell-Mens-Waterproof-Hiking-Beluga/dp/B01HFA6TF2?crd=3Q99IFZ8YBQJ5&keywords=Merrell%2BMoab%2B2%2BWaterproof%2BHiking%2BShoes&qid=1665776267&qu=eyJxc2MiOiJlYyIiwicXNhIjojMi45NSIsInFzcCI6IjJuNDQifQ%3D%3D&sprefix=merrell%2Bmoab%2B2%2Bwaterproof%2Bhiking%2Bshoes,aps,221&sr=8-1&th=1&linkCode=sl1&tag=discgolffanat-20&linkId=e3321d4a3ff4d780c56805aad9d04bf4&language=en\\_US&ref=as\\_li\\_ss\\_tl](https://www.amazon.com/Merrell-Mens-Waterproof-Hiking-Beluga/dp/B01HFA6TF2?crd=3Q99IFZ8YBQJ5&keywords=Merrell%2BMoab%2B2%2BWaterproof%2BHiking%2BShoes&qid=1665776267&qu=eyJxc2MiOiJlYyIiwicXNhIjojMi45NSIsInFzcCI6IjJuNDQifQ%3D%3D&sprefix=merrell%2Bmoab%2B2%2Bwaterproof%2Bhiking%2Bshoes,aps,221&sr=8-1&th=1&linkCode=sl1&tag=discgolffanat-20&linkId=e3321d4a3ff4d780c56805aad9d04bf4&language=en_US&ref=as_li_ss_tl)

Durability, comfort, and waterproofing characteristics are the most important factors to consider while searching for the best disc golf shoes. This pair of Adidas Terrex R2 Swift GTX trail hiking shoes have this quality. Because it offers the optimal qualities that every disc golfer need. It is apparent why elite disc golfers like Paul McBeth use this shoe.

Gore-Tex makes these Terrex R2 Swift disc golf shoes among the best available. It performs pretty well in slippery conditions, protecting both feet and keeping them dry throughout the day. The Gore-Tex membrane is a unique polymer that the manufacturer use to enhance the shoe's waterproofing qualities.

Link : [https://www.amazon.com/adidas-outdoor-Terrex-Swift-R2/dp/B0793932RR?crd=32LQD4NIMD9MQ&keywords=Adidas+Terrex+R2+Swift+GTX+Shoes&qid=1665776852&qu=eyJxc2MiOiJlLjE0IiwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=adidas+terrex+r2+swift+gtx+shoes,aps,265&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=e8bca915dce0fe71d102f5650dcbe733&language=en\\_US&ref=as\\_li\\_ss\\_tl](https://www.amazon.com/adidas-outdoor-Terrex-Swift-R2/dp/B0793932RR?crd=32LQD4NIMD9MQ&keywords=Adidas+Terrex+R2+Swift+GTX+Shoes&qid=1665776852&qu=eyJxc2MiOiJlLjE0IiwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=adidas+terrex+r2+swift+gtx+shoes,aps,265&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=e8bca915dce0fe71d102f5650dcbe733&language=en_US&ref=as_li_ss_tl)

#### 4. Adidas Terrex AX3 Gore-Tex Hiking Shoes

Adidas Terrex AX3 Gore-Tex hiking shoes are another pair of shoes appropriate for disc golf. This shoe boasts a rubberized outsole that provides exceptional traction throughout the X-step or approach shot run-up, making it one of the best disc golf shoes available.

The grip of this shoe is particularly visible when traversing challenging terrain. Despite the difficult surface condition, it provides a great lot of comfort in all circumstances.

Professional athletes such as Ezra Aderhold and Juliana Korver wear AX3 shoes.

Amazon carries a pair of adidas Terrex AX3 sneakers.

Link : [https://www.amazon.com/adidas-outdoor-Terrex-Hiking-Carbon/dp/B07FBHKYK3?crid=2E3AM2HU9XDFP&keywords=Adidas+Terrex+AX3+Gore-Tex+Hiking+Shoes&qid=1665776426&qu=eyJxc2MiOiJzLjMzliwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&sprefix=adidas+terrex+ax3+gore-tex+hiking+shoes,aps,280&sr=8-2&linkCode=sl1&tag=discgolffanat-20&linkId=4d533e1ae225c16326d4a38787737857&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/adidas-outdoor-Terrex-Hiking-Carbon/dp/B07FBHKYK3?crid=2E3AM2HU9XDFP&keywords=Adidas+Terrex+AX3+Gore-Tex+Hiking+Shoes&qid=1665776426&qu=eyJxc2MiOiJzLjMzliwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&sprefix=adidas+terrex+ax3+gore-tex+hiking+shoes,aps,280&sr=8-2&linkCode=sl1&tag=discgolffanat-20&linkId=4d533e1ae225c16326d4a38787737857&language=en_US&ref_=as_li_ss_tl)

## 5. Nike Pegasus Trail 3 Gore-Tex Running Shoes

I felt like I was walking on clouds the first time I wore the Nike Pegasus Trail 3 Gore-Tex running sneakers.

This shoe offers superior traction and a reinforced midfoot construction for neutral support. Even when bad weather attempts to slow you down, the waterproof upper keeps you going on rough and slick paths. Don't let inclement weather prevent you from playing disc golf; lace up and confront it!

The rubber outsole gives a look reminiscent of ATV tires. Traction-enhancing nubs allow a seamless transition between terrains and trails, while extra texture at the sole and toe prepares you for inclines and drops.

The shoe's flexible fit band technology provides midfoot support, allowing you to take strong steps on a variety of terrain. Full-length React foam provides underfoot cushioning that adjusts effectively between rough pavement and gentler terrain.

### Pros

- Excellent water resistance
- Grip on to anything, dry or wet
- Excellent for transitioning from a path to a road
- Excellent for trekking and disc golf
- Responsive
- dependable on rough and rugged terrain
- Comfortable
- lighter than comparable Gore-Tex shoes
- Possibly the most appealing running shoe on the market.

### Cons

- Expensive
- Not the finest in regards to durability
- Not ideal during the summer.

Amazon has a great deal on Nike Pegasus Trail 3 Gore-Tex sneakers.

Link : [https://www.amazon.com/Nike-PESASUS-Trail-Black-DC8794/dp/B097HHBCCF?crid=1T0RYPM54YZO3&keywords=nike%2Bpegasus%2B3%2Bgore-tex&qid=1665776142&qu=eyJxc2MiOiJzLjE2liwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&sprefix=nike%2Bpegasus%2B3%2Bgore-tex,aps,173&sr=8-5&th=1&linkCode=sl1&tag=discgolffanat-20&linkId=6c1854272c0e9b43a57339a44139fb04&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/Nike-PESASUS-Trail-Black-DC8794/dp/B097HHBCCF?crid=1T0RYPM54YZO3&keywords=nike%2Bpegasus%2B3%2Bgore-tex&qid=1665776142&qu=eyJxc2MiOiJzLjE2liwicXNhIjojMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&sprefix=nike%2Bpegasus%2B3%2Bgore-tex,aps,173&sr=8-5&th=1&linkCode=sl1&tag=discgolffanat-20&linkId=6c1854272c0e9b43a57339a44139fb04&language=en_US&ref_=as_li_ss_tl)

## 6. Hiking Shoes Adidas Terrex AX4

The Adidas Terrex AX4 hiking shoes are powered by a dual-density design that combines the toughness of a hiking shoe with the softness of a cushioning trail running shoe. They can be used on everything from rocky mountain trails to rooty forest trails.

The Terrex® logo is on the top of the shoe. This is trail-specific footwear with a reliable lace closure and a breathable mesh and polyester upper. It also has an EVA midsole with two different thicknesses for more support and cushioning.

The Continental™ rubber outsole is tough and gives you better grip and lasts longer.

Here on Amazon, you can look at the adidas AX4 shoes.

Link: [https://www.amazon.com/adidas-Terrex-Primegreen-Hiking-Shoes/dp/B09418GTTC?crd=1AQM6OCKQF6X8&keywords=Adidas+Terrex+AX4+Hiking+Shoes&qid=1665776533&qu=eyJxc2MiOiOLjgwliwicXNhIjoIMy43MCI6IjUuNTAifQ%3D%3D&sprefix=adidas+terrex+ax4+hiking+shoes,aps,218&sr=8-4&linkCode=sl1&tag=discgolffanat-20&linkId=be9a8a01ce17e07c8c968dbc23052ba4&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/adidas-Terrex-Primegreen-Hiking-Shoes/dp/B09418GTTC?crd=1AQM6OCKQF6X8&keywords=Adidas+Terrex+AX4+Hiking+Shoes&qid=1665776533&qu=eyJxc2MiOiOLjgwliwicXNhIjoIMy43MCI6IjUuNTAifQ%3D%3D&sprefix=adidas+terrex+ax4+hiking+shoes,aps,218&sr=8-4&linkCode=sl1&tag=discgolffanat-20&linkId=be9a8a01ce17e07c8c968dbc23052ba4&language=en_US&ref_=as_li_ss_tl)

## 7. Running shoes Salomon Speedcross 5 GTX Trail

The Salomon Speedcross 5 GTX is a fast, high-quality trail running shoe that stands out in many ways. Its upper part is made of Gore-Tex and is meant for muddy and off-trail adventures.

The Salomon Speedcross 5 GTX can't be beat on long hikes, rough trails, wet and muddy places, or when it's raining. This is the shoe you should wear to play disc golf on a new and rough course. Even though it has some flaws, it is strong and reliable enough to help you when the unexpected happens.

Here on Amazon, you can buy a pair of Salomon Speedcross 5 GTX.

Link: [https://www.amazon.com/Salomon-Speedcross-Running-Monument-Saffron/dp/B08Y2FN4J9?crd=306NLPLWFMFW5U&keywords=salomon+speedcross+5+gtx&qid=1665776597&qu=eyJxc2MiOiOLjEzliwicXNhIjoINS4zNSIsInFzcCI6IjUuMDAifQ%3D%3D&sprefix=Salomon+Speedcross+5+GTX,aps,261&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=f6adda3d66a1b4d964ffc1ba6a90c68c&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/Salomon-Speedcross-Running-Monument-Saffron/dp/B08Y2FN4J9?crd=306NLPLWFMFW5U&keywords=salomon+speedcross+5+gtx&qid=1665776597&qu=eyJxc2MiOiOLjEzliwicXNhIjoINS4zNSIsInFzcCI6IjUuMDAifQ%3D%3D&sprefix=Salomon+Speedcross+5+GTX,aps,261&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=f6adda3d66a1b4d964ffc1ba6a90c68c&language=en_US&ref_=as_li_ss_tl)

## 8. Salomon X Ultra 3 GTX Hiking Shoe

This is another hiking shoe with different features that meet the needs of many disc golfers. In the many years I've played disc golf, I've tried and rated a lot of different types of shoes. This shoe is one of them. This company makes some of the best soles for sports shoes that are good for a game of disc golf, in my opinion. It is made of many different materials, which makes the shoes very durable.

If you play golf on courses with a lot of ups and downs, this shoe is a great choice. This shoe makes both of my feet feel good when I play disc golf. The molded sock lining of this shoe is another thing I like about it. It lets the feet breathe and is comfortable.

Here on Amazon, you can get a pair.

Link: [https://www.amazon.com/Salomon-Ultra-Hiking-Shoes-Magnet/dp/B07CYZZCK3?crd=ZCBC1XXHNM7G&keywords=Salomon+X+Ultra+3+GTX+Hiking+Shoe&qid=1665776704&qu=eyJxc2MiOiOLjQxliwicXNhIjoIMS41OSIsInFzcCI6IjUuMDAifQ%3D%3D&sprefix=salomon+x+ultra+3+gtx+hiking+shoe,aps,348&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=bd3fecac6d5f77134d634fd08193728f&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/Salomon-Ultra-Hiking-Shoes-Magnet/dp/B07CYZZCK3?crd=ZCBC1XXHNM7G&keywords=Salomon+X+Ultra+3+GTX+Hiking+Shoe&qid=1665776704&qu=eyJxc2MiOiOLjQxliwicXNhIjoIMS41OSIsInFzcCI6IjUuMDAifQ%3D%3D&sprefix=salomon+x+ultra+3+gtx+hiking+shoe,aps,348&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=bd3fecac6d5f77134d634fd08193728f&language=en_US&ref_=as_li_ss_tl)

## 9. Nike Wildhorse 7 Trail Running Shoes

The Nike Wildhorse 7 is one of the best shoes for running on rough, off-trail ground. The shoe has great grip both on and off the fairway, no matter what the weather is like, and the extra protection is a game changer. This is an especially comfortable shoe for disc golf. Even though it isn't very soft, it has just the right amount of give to protect your feet and make you feel very comfortable on the roughest terrain. But all of this costs a lot of money.

The Nike Wildhorse trail running shoes are used by pros like Kyle Klein, Ricky Wysocki, and Drew Gibson.

Check the price on Amazon right here.

Link : [https://www.amazon.com/Nike-Wildhorse-Running-Ashen-Slate/dp/B09NMHV7YT?crd=2HYGYAG4HK5YA&keywords=Nike+Wildhorse+7+Trail+Running+Shoes&qid=1665777226&qu=eyJxc2MiOiJzLjYwIiwicXNhIjoiMS40NiIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=nike+wildhorse+7+trail+running+shoes,aps,197&sr=8-28&linkCode=sl1&tag=discgolffanat-20&linkId=29d6b987fb24cd29ab04ab888e0948fc&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/Nike-Wildhorse-Running-Ashen-Slate/dp/B09NMHV7YT?crd=2HYGYAG4HK5YA&keywords=Nike+Wildhorse+7+Trail+Running+Shoes&qid=1665777226&qu=eyJxc2MiOiJzLjYwIiwicXNhIjoiMS40NiIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=nike+wildhorse+7+trail+running+shoes,aps,197&sr=8-28&linkCode=sl1&tag=discgolffanat-20&linkId=29d6b987fb24cd29ab04ab888e0948fc&language=en_US&ref_=as_li_ss_tl)

## 10. Nike Pegasus 3 Trail Running Shoes

The Nike Pegasus 3 trail running shoes are very comfortable and allow air to flow through them. These are great for playing disc golf in the summer. Like their Gore-Tex version, these feel like you're walking on a cloud and grip every surface well.

Here on Amazon, you can look at the Nike Pegasus 3 Trail running shoes.

Link: [https://www.amazon.com/NIKE-Pegasus-Trail-Orange-DA8697/dp/B09BK56F5V?crd=16ZERW1C00KQU&keywords=Nike+Pegasus+3+Trail+Running+Shoes&qid=1665777171&qu=eyJxc2MiOiJzLjkwIiwicXNhIjoiMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=nike+pegasus+3+trail+running+shoes,aps,262&sr=8-7&linkCode=sl1&tag=discgolffanat-20&linkId=5496c87fc4a741f9d48c4779b9d66485&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/NIKE-Pegasus-Trail-Orange-DA8697/dp/B09BK56F5V?crd=16ZERW1C00KQU&keywords=Nike+Pegasus+3+Trail+Running+Shoes&qid=1665777171&qu=eyJxc2MiOiJzLjkwIiwicXNhIjoiMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&srefix=nike+pegasus+3+trail+running+shoes,aps,262&sr=8-7&linkCode=sl1&tag=discgolffanat-20&linkId=5496c87fc4a741f9d48c4779b9d66485&language=en_US&ref_=as_li_ss_tl)

## 11. Vans UltraRange EXO shoes

Before the Ultra Range Exo, Vans tried to make a pure lifestyle shoe with the Ultra Range and the ISO. So, it's clear that Vans did what they do best when they made a very comfortable lifestyle shoe: they put a good midsole on a good outsole. This shoe looks like it was made for sports. Aside from that, it is very light.

The best disc golf shoes from Vans are the Vans Ultra Range EXO shoes.

The Vans UltraRange Exo shoes are worn by pro disc golfers like Drew Gibson and Ben Callaway.

Here on Amazon, you can look at the Vans.

Link: [https://www.amazon.com/s?k=Vans&linkCode=sl2&tag=discgolffanat-20&linkId=247495d36515f74c137f4366efa17687&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/s?k=Vans&linkCode=sl2&tag=discgolffanat-20&linkId=247495d36515f74c137f4366efa17687&language=en_US&ref_=as_li_ss_tl)

## 12. Adidas Terrex AGRIC TR GTX Trail Running Shoes

The lightweight EVA midsole of the adidas Terrex Agravic TR GTX acts as a cushion and is flexible for long-lasting comfort. Even if it rains a lot, the Gore-Tex will keep your feet dry. The shoe is made of a durable synthetic material that is resistant to wear and tear. This makes it perfect for disc golfers. The shoe has a good grip and a sporty, stylish look.

The most well-known professional disc golfers who wear Adidas Agravic TR GTX shoes are Simon Lizotte and Kona Panis.

Link: [https://www.amazon.com/adidas-outdoor-Terrex-Agravic-Running/dp/B07SJDJRPV?crd=2WAA9G6XXMO88&keywords=Adidas+Terrex+Agravic+TR+GTX+Trail+Running+Shoes&qid=1665777330&qu=eyJxc2MiOiJlc4liwicXNhIjojMC4wMCI6bnZcCl6lAuMDAifQ%3D%3D&sprefix=adidas+terrex+agravic+tr+gtx+trail+running+shoes,aps,212&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=80f562121785f72c2326e7fd1e41bd95&language=en\\_US&ref\\_=as\\_li\\_ss\\_tl](https://www.amazon.com/adidas-outdoor-Terrex-Agravic-Running/dp/B07SJDJRPV?crd=2WAA9G6XXMO88&keywords=Adidas+Terrex+Agravic+TR+GTX+Trail+Running+Shoes&qid=1665777330&qu=eyJxc2MiOiJlc4liwicXNhIjojMC4wMCI6bnZcCl6lAuMDAifQ%3D%3D&sprefix=adidas+terrex+agravic+tr+gtx+trail+running+shoes,aps,212&sr=8-1&linkCode=sl1&tag=discgolffanat-20&linkId=80f562121785f72c2326e7fd1e41bd95&language=en_US&ref_=as_li_ss_tl)

The Vivobarefoot Magna FG is another interesting shoe that can be used to walk, jog, and work out. It feels like a classic minimalist shoe because it is light, very flexible, and has a better feeling underfoot. It's comfortable and can also fit people with wider feet. Eagle McMahon, a professional disc golfer, wears shoes made by Vivobarefoot when he plays, so why shouldn't you?

Here on Amazon, you can get a pair.  
Link: [https://www.amazon.com/VIVOBAREFOOT-Leather-Hiking-Trainers-Barefoot/dp/B09C5PF4RF?crd=3L38DQ47515I7&keywords=Vivobarefoot+Magna+FG&qid=1665777377&qu=eyJxc2MiOi0LjY5IiwicXNhIjoiMy4zMjlsInFzcCI6IjluMjUifQ%3D%3D&sprefix=vivobarefoot+magna+fg,aps,203&sr=8-5&linkCode=sl1&tag=discgolfanat-20&linkId=f5366cd37f32e0429f7d79d1d1ae42f4&language=en\\_US&ref=as\\_li\\_ss\\_tl](https://www.amazon.com/VIVOBAREFOOT-Leather-Hiking-Trainers-Barefoot/dp/B09C5PF4RF?crd=3L38DQ47515I7&keywords=Vivobarefoot+Magna+FG&qid=1665777377&qu=eyJxc2MiOi0LjY5IiwicXNhIjoiMy4zMjlsInFzcCI6IjluMjUifQ%3D%3D&sprefix=vivobarefoot+magna+fg,aps,203&sr=8-5&linkCode=sl1&tag=discgolfanat-20&linkId=f5366cd37f32e0429f7d79d1d1ae42f4&language=en_US&ref=as_li_ss_tl)

### 1. What makes a good disc golf shoe?

These qualities:

- ## 2. Does shoes matter for disc golf?

When beginning disc golf, footwear is usually not the first item most players consider about. Discs, bags, and even practice baskets are constantly the center of attention. A player's sole connection to the ground, a shoe provides leverage and the foundation for a solid shot.

**3. What are the three most often used discs in disc golf?**

Putters, all-purpose mid-range discs, and drivers are the three primary types of discs utilized in disc golf.